

SALADS

Our dressings: Avocado-Ranch, Honey-dijon, Bleu Cheese, Lite Vinaigrette, 1000 Isle, Low-Fat Raspberry Vinaigrette

J'S BISTRO SALAD

A mix of baby salad greens topped with goat cheese, fresh strawberries, dried cranberries and sweet and spicy pecans. 12.59

Add chicken 3.00

THE CHICKEN COBB

Diced chicken breast, bleu cheese crumbles, fresh avocado, grape tomatoes, red onion and chopped bacon; on top of a mound of fresh field greens. With your choice of dressing. 14.79

WALDORF SALAD

It is kind of fancy schmancy, but, it's also really good. We take a lovely J's Bistro Salad with fresh strawberries, raisins, goat cheese and sweet & spicy pecans, and top it off with some of our wonderful chicken salad. 14.79

SIGNATURE SOUPS

Add a cup of soup or salad to any entree 3.79

SANTA FE BLACK BEAN

Tasty, healthy and served every day. Bowl: 7.99 Cup: 5.29

SIGNATURE SOUP

See if your server can guess what today's is! Bowl: 7.99
Cup: 5.29

SOUP AND SALAD COMBO

Bleu cheese, grape tomatoes, red onion and chopped bacon on top of a mound of fresh field greens; and paired with a cup of today's soup. 11.49

HOLA!

FRESH GRILLED QUESADILLAS

Our quesadillas are grilled fresh to order with jack and cheddar cheeses, fresh jalapenos, tomatoes, red onion and cilantro. We garnish them with our home made pico de gallo, guacamole and sour cream. Served with a cup of black bean soup. Choose from Grilled Chicken 14.79
or Portabella Mushroom. 13.99

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH AND EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*

**EGGS, STEAKS & HAMBURGERS COOKED TO ORDER*

LATE RISERS

STEAK* & EGGS*

A flat iron steak and a couple of eggs, both cooked to your liking and served with fried potatoes and sliced tomatoes. 16.79

SAVORY CHICKEN CREPE

Diced chicken breast, mushrooms and sun-dried tomatoes rolled into one of our crepes with rich hollandaise. Served with fried potatoes. 12.59

SANDWICHES

Served with your choice of french fries or Zapps potato chips. Sub fruit .99 Sub soup or salad .99

J'S CLASSIC CLUB*

It's a whale of a triple-decker club! All the classic fixin's; turkey, bacon, ham, American, Swiss and honey-dijon on wheat and a fried egg* in the middle. Darn tasty! 13.99

TURKEY DIJON BLT

Sliced fried turkey, crispy bacon and melted Swiss served with lettuce, tomato and drizzled with Honey-dijon on grilled wheat. So simple, yet so good! 13.29

CHICKEN SALAD CROISSANT

Our Waldorf chicken salad scooped on toasted croissant with crispy leaf lettuce and sliced tomatoes. 13.29

MALIBU CHICKEN

Grilled chicken sandwich topped with crispy bacon and melted Swiss cheese. 13.99

BURGERS

CLUB HOUSE BURGER*

Can't decide between breakfast or lunch, then this is the ticket. Topped with cheddar and Jack cheese, a couple of crispy bacon strips and, you guessed it - a fried egg*. 14.49

BYO BURGER*

Well, some folks like their burger plain and simple and we understand that, so this one's for you. 11.99

Add your favorite cheese, sautéed mushrooms, bacon, grilled onions or fried egg. .99 each

PATTY MELT*

A burger grilled to order then topped with melted Swiss, grilled onions, 1000 Isle dressing; all grilled up on rye bread. 13.49

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH AND EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*

**EGGS, STEAKS & HAMBURGERS COOKED TO ORDER*



SANDY SPRINGS
227 Sandy Springs Rd
404-531-0242

SMYRNA
2430 Atlanta Rd
678-324-1584

MIDTOWN
950 W Peachtree St
404-917-1790

DUNWOODY
5482 Chamblee-
Dunwoody
770-395-1642

HAMILTON MILL
3517 Braselton Hwy
770-932-6060

BROOKHAVEN
1438 Dresden Dr
404-467-0110

WINDWARD
3070 Windward Pkwy
770-740-8571

CANTON
1437 Riverstone Pkwy
470-863-5302

MACON
220 Starcardia Cir
478-476-0220

DECATUR
250 E Ponce de Leon
404-378-2662

PEACHTREE HILLS
10 Kings Circle NE
404-917-0350

EAST LAKE
2100 Roswell Rd.
770-627-2499

FLOWERY BRANCH
5855 Spout Springs
770-965-1900

Serving 7 am until 2 pm - 7 Days a Week
www.jchristophers.com

ATL Version 2

RISE & SHINE

BREAKFAST PARFAIT

A tasty combo of low-fat vanilla yogurt, honey almond granola, strawberries, blueberries and whipped cream. 9.29

IRISH OATMEAL

A hearty combination of cinnamon, brown sugar and raisins; slow cooked in whole oats. Served with raisin toast. 7.99

'BELT' SANDWICH*

Bacon, Lettuce and Tomato on wheat bread with American and Swiss cheeses, finished off with a fried egg*. 10.79

STRAWBERRY CREPES

A pair of light and sweet crepes bursting with fresh strawberries, topped with whipped cream. 10.29

CINNAMON ROLL

Do we really need to explain this one? 5.29

J. 'GRITS'-OPHER'S

A bowlful of Smoked Cheddar Grits topped with bacon and jalapeño served with a biscuit. 7.99

HEALTHY STARTS

Sugar free Jelly available upon request

TURKEY SAUSAGE PLATTER

A low Carb option: delicious turkey sausage, grilled and served with a couple of scrambled egg whites, fresh fruit and whole wheat toast. 13.29

Triple Play – extra egg and turkey sausage 15.29

TURKEY BACON PLATTER

Another low carb option: turkey bacon is lean and low in fat; served with a couple of scrambled egg whites, fresh fruit and whole wheat toast. 13.29

Triple Play – extra egg and turkey bacon 15.29

SOUTH BEACH

Phase 2 diet with a couple of scrambled eggs*, 2 slices of Canadian bacon, fresh fruit and whole wheat toast. 12.59

Triple Play – extra egg and Canadian bacon 14.59

EGG WHITE SUB

Substitute egg whites in any of our Morning Star dishes, Skillets or Omelettes. Add .99

ATKIN'S DIET SUBSTITUTE

Sub bacon for potatoes and bread on any entrée. Add 1.79

SUB FRUIT

Substitute fruit for potatoes on any entree. Add .99

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH AND EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*

**EGGS, STEAKS & HAMBURGERS COOKED TO ORDER*

MORNING STARS

Served with fried potatoes or grits.

BENNY*

The all-time brunch king! Poached eggs and Canadian bacon on an English muffin, all smothered in hollandaise. 13.49

SAUSAGE & EGGS

Two fresh eggs* any style, two sausage links, creamy grits and a flaky biscuit. 12.59 *Make it a Triple Play. 14.59*

TRADITIONAL*

Two eggs with thick-sliced bacon, fried potatoes (or grits, of course) and an English muffin. 11.59 *Make it a Triple Play. 13.59*

AMERICAN BREAKFAST*

Two fresh eggs* any style, J's fried potatoes (or grits, of course) and an English muffin. 9.79

PANTRY FEAST*

One Blueberry Crunchcakes partnered up with 2 fresh eggs*, 2 bacon strips and J's fried potatoes (or grits). 13.29
Sub. sausage links for bacon. Add .50 Want two cakes? 15.49

JUST BUBBA

Buttermilk biscuit smothered in sausage gravy; served with cheddar scrambled eggs and fried potatoes (or grits). 12.99

EGGS CHRISTOPHER*

Poached eggs nestled on a bed of smoked turkey, crispy bacon, sliced tomato and English muffin; all smothered in Hollandaise. 13.99

HUEVOS AVOCADO*

An English muffin topped with sour cream, guacamole, pico de gallo, melted mixed cheese and a pair of poached eggs*. Served with black beans. 13.59

OMELETTES

Served with fried potatoes (or grits) and English muffin

BILLY GOAT

Spinach, baby bella mushrooms, sun-dried tomato & Goat cheese. 14.29

VEGGIE DELITE

Spinach, onion, mushroom, grape tomatoes and peppers. 13.29

WESTERN

Diced ham, trio bell peppers, red onion and melted cheddar. 14.29

SAN BERNARDINO

Chicken, avocado, pico de gallo, cheddar & Jack cheeses. 14.49

GODDESS

Egg-white omelet with diced tomato, spinach & Feta cheese. 14.49

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH AND EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*

**EGGS, STEAKS & HAMBURGERS COOKED TO ORDER*

THE GRIDDLE

CHOCOLATE CHIPCAKES

Our fabulous pancakes filled with chocolate chips and topped with whipped cream. 11.99

BLUEBERRY CRUNCHCAKES

A stack of blueberry pancakes fortified with crunchy granola. 11.99

PLAIN OLE' CAKES

If you insist! 10.99

BELGIAN WAFFLE

Baked in cast iron skillets and dusted with powder sugar. 10.59

STRAWBERRY WAFFLE

Our golden Belgian waffle loaded with fresh strawberries and whipped cream. 11.59

MAPLE TOAST

Thick Challah bread soaked in Maple and Vanilla batter, grilled golden brown and dusted with confectionery sugar. 10.79

SKILLETS

Comes with a biscuit, J's fried potatoes with your favorite from below and topped with 2 sunny-up eggs.

ROUTE 66*

A skilletful of corned beef hash and fried potatoes capped with sunny-up eggs* and an English muffin or biscuit. Get your kicks! 13.59

SPINACH & BACON*

With sun-dried tomato and bleu cheese. The overwhelming favorite! 13.99

TURKEY & AVOCADO*

Filled with pico de gallo and melted Jack cheese. 13.99

HAM & MUSHROOM*

With melted Jack cheese and a pinch of paprika. 13.99

SAUSAGE & GRAVY*

With onions, peppers and cheddar cheese. 14.49

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH AND EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS*

**EGGS, STEAKS & HAMBURGERS COOKED TO ORDER*